

Rejuvapen Features and Benefits:

- Skin tightening, lifting and rejuvenation
- Acne Scar Reduction
- Improves wrinkles and fine lines
- Minimize pore size
- Improves stretch marks
- Surgical Scar Reduction

Side Effects:

- Minor flaking or dryness of the skin with scab formation in rare cases.
- Temporary redness and mild-sunburn effects may last up to 4 days.
- Milia (small white bumps) may form; these can be removed by the practitioner.
- Hyper-pigmentation (darkening of certain areas of the skin) can occur very rarely and usually resolves after a month.
- Temporary redness and mild-sunburn effects may last up to 4 days.
- Freckles may temporarily lighten or permanently disappear in treated areas.
- Other potential risks include: crusting, itching, discomfort, bruising, infection, swelling, and failure to achieve the desired result.

Contraindications:

- Keloid scars
- Scleroderma
- Collagen vascular diseases
- Cardiac Abnormalities
- Hemorrhagic disorder
- Active Bacterial or Fungal infection
- History of actinic keratosis
- History of Herpes Simplex infections
- History of Diabetes
- Active Acne
- Pregnant or Nursing
- Blood clotting problems
- Immuno-Suppression

REJUVAPEN Pre-Treatment Instructions:

- Avoidance of Accutane for the past 6 months
- Avoid retinoids, topical antibiotics, exfoliants, hydroquinone, sunburn, and benzoyl peroxide 3 days prior to procedure
- Recommended skin care system for preconditioning for 4-6 weeks for optimal results
- Avoidance of IPL/Laser procedures for the past 7 days prior
- No waxing, depilatory creams or electrolysis 5-7 days prior to the peel.
- If use of a peel was recommended in conjunction with the micro-needling, No topical agents that may increase skin sensitivity, reaction to the peel, or dryness 3-4 days prior to the peel (topical retinoid or hydroquinone products). No acids or defoliants that may be drying or irritating to the skin (such as alpha hydroxyl acid (AHA) beta hydroxyl acids (BHA), exfoliating masks, hydroquinone, or benzoyl peroxide acne products).
- No shaving the day of the procedure
- No significant changes in the skin recently reported including breakdown of skin or excess dryness or sunburn.
- Skin is clean without lotion, oil, makeup, deodorant, powder, perfume or sunscreen
- Antiviral agent for 2 days prior to and day of treatment if history of cold sores

Day of Treatment Instructions:

- Omit lotions, creams, make up or deodorant in area to be treated
- Arrive with clean washed skin
- Inform provider of any changes in medical history and of all medications you are taking

Post- Treatment Instructions:

Immediately after your Micro-Needling procedure, your clinician may apply moisturizer and sunscreen topically. **Do not** take any anti-inflammatory medications such as ibuprofen, Motrin or Advil. These agents will interfere with the natural inflammatory process that is critical and responsible for your skin rejuvenation.

- Avoid sun tanning and prolonged exposure to direct sunlight. When exposed to sun, always use sun-screen SPF30 or above. You may clean your face with a gentle cleanser before bed.
- Redness or sensitivity might be present (and last up to a few days) after peel
- Use Tylenol only as needed for any soreness
- Peeling may start 3-5 days after peel. Do not pick or scratch at treated skin but instead keep moisturized

- Eat fresh pineapple to optimize healing
- Avoid strenuous exercise or sweating for 24 hours due to open pores
- Treat skin gently washing with a gentle cleanser, cool water, using hands only and pat dry no earlier than 4 hours after peel
- May use cool compresses after peel if excessive discomfort, burning, redness, or swelling
- Avoid sun exposure for 3 days and if possible 10 days. Apply a minimum of SPF 30 every 2 hours
- May use mineral makeup after 24 hours
- For Optimal results it is recommend to follow up and repeat treatments in 4 weeks and for best results a series of 3 - 5 treatments .

Day 1:

On the next day, you may clean your face as usual and apply makeup, lotions and other topical products as usual. Stay away from exfoliants or glycolic acids that are present in cleaners as these can make your skin very dry after the procedure. Be sure to use an approved SPF30 or greater sunscreen!

Days 2-7: Within two (2) days following your Micro-Needling procedure, you will notice skin dryness and flaking. This is due to an increased turnover of skin cells. During this period, you may apply your regular skin moisturizer. Follow the instructions given to you by your clinician. Days later, your skin will start shedding. These are skin layers that would regularly shed a week later, but the Micro-Needling brings this skin to the surface sooner. During this temporary process, your skin will shed and be dry. You may use your regular skin care products once your skin is not irritated.

Days 7+: A week after the Micro-Needling procedure, most patients notice that their skin is smoother and more radiant. Continue with sun protection every day and reapply every 2 hours if outdoors.