

Pre-Treatment Care:

- Avoid extended sun exposure 10 days before your treatment.
- Delay use of Retin-A, Tazorac, Renova, Differin, Avage, Epiduo, Ziana and high percentages of Alpha and Beta Hydroxy acids.
- Do not use a tanning bed two weeks before a treatment.

Post-Treatment Care:

You may resume your daily activities or return to work immediately. Mineral Makeup can be re-applied immediately if desired. Your skin may feel extra sensitive. It is normal to see a little redness for part of the day. Minimize sun exposure. For the next 24 hours, strenuous exercise, or any activity that causes excessive perspiration can be irritating. It is imperative that no tanning is done while you are undergoing these treatments.

- Apply moisturizer twice daily until the skin returns to its normal state.
- Use a sunscreen SPF 30 or higher every morning. Sunlight on the skin after a peel can cause brown discoloration of the skin.
- You may apply mineral makeup the day after your peel.
- Refrain from waxing, electrolysis or depilatories for at least 7 days.
- Delay use of Retin-A, Tazorac, Renova, Differin, Avage, Epiduo, Ziana and high percentages of Alpha and Beta Hydroxy acids.
- Do not pick or pull on any loosening or peeling skin. This could cause discoloration
- Do not go swimming
- Do not put your face directly into hot shower spray. Do not use Jacuzzi, steam room or sauna.
- Do not use loofahs or other mean of exfoliation
- Do not direct a hair dryer onto the treated area